# Inequalities for Rational Functions 

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A new hyperbolic area estimate for the level sets of finite Blaschke products is presented.

The following inversion of the usual Sobolev embedding theorem is proved:

$$
\|r\|_{W_{q}^{1}(\mathbb{D})} \leqslant C n\|r\|_{L^{p}(\mathbb{D})}, \quad p>2, \quad 1 / q=1 / p+1 / 2 .
$$

Here $r$ is a rational function of degree $n$ with poles outside $\mathbb{D}$.
This estimate implies a new inverse theorem for rational approximation of analytic functions with respect to area $L^{p}$ norm. © 1997 Academic Press

## INTRODUCTION

In this paper a new approach to the rational function estimates is presented. We obtain the following hyperbolic area estimate for the level sets of a Blaschke product $B$ of degree $n$ in the unit disc $\mathbb{D}$ :

$$
\begin{equation*}
\int_{\{z:|B(z)| \leqslant 1 / 2\}} \frac{d x d y}{(1-|z|)^{2}} \leqslant 32 \pi(n+1) . \tag{0.1}
\end{equation*}
$$

We construct a pseudoanalytic extension for rational functions $r$ of degree $n$ with poles outside $\mathbb{D}$. A general scheme for the pseudoanalytic extension of inner functions in $\mathbb{D}$ (in Beurling's sense, cf. [7, Sect. 6 of Chap. 2]) was proposed in [6]. In [2, 6] it was applied to singular inner functions and some free interpolation problems. Here we apply it to finite Blaschke products and estimates of rational functions of a given degree.

In particular, this construction, together with (0.1), gives a new simple proof of the main Bernstein-type inequalities [8, 9] for such functions:

$$
\begin{equation*}
\|r\|_{B_{p}^{s}(\mathbb{T})} \leqslant C n^{s}\|r\|_{L^{q}(\mathbb{T})} \tag{0.2}
\end{equation*}
$$

and

$$
\begin{equation*}
\|r\|_{B_{p}^{1 / p}(\mathbb{T})} \leqslant C n^{1 / p}\|r\|_{B M O(\mathbb{T})} \tag{0.3}
\end{equation*}
$$

Here the constant $C$ does not depend on $n, p>0$ and, in the first inequality,

$$
q \geqslant 1, \quad s=\frac{1}{p}-\frac{1}{q}>0 .
$$

$B_{p}^{s}(\mathbb{T})$ is the usual Besov space on the unit circle $\mathbb{T}$ (see Section 1.3 below). It was proved [3] that such Bernstein-type inequalities imply the corresponding inverse theorems of the rational approximation theory. In our case they are the well-known theorems of Peller [9] and Pekarskii [8].

The classical inequality ( 0.2 ) deals with the $L^{p}$ norm on $\mathbb{T}$. Is it possible to obtain an analogue of $(0.2)$ in the area metric, that is in the $L^{p}(\mathbb{D})$ norm instead of the $L^{p}(\mathbb{T})$ norm? In the last section of the paper we prove such an analogue.

The main Theorem 4 asserts that for a rational function $r$ of degree $n$ with poles outside the unit disc

$$
\begin{equation*}
\left(\int_{\mathbb{C} \backslash \mathbb{D}}|f(z)|^{p} d x d y\right)^{1 / p} \leqslant C_{p} n^{1 / 2}\left(\int_{\mathbb{D}}|r(z)|^{p} d x d y\right)^{1 / p}, \tag{0.4}
\end{equation*}
$$

where $p \geqslant 2$ and

$$
f(z)=\frac{r(z)}{B(z)}
$$

$B$ being the Blaschke product of degree $n+2$ with the same poles as $r$ itself and two additional poles at infinity.

The estimate (0.4) allows us to obtain an inversion of the Sobolev embedding theorem for rational functions of a given degree. It is wellknown that

$$
W_{q}^{1}(\mathbb{D}) \subset L^{p}(\mathbb{D}), \quad 2<p<\infty, \quad \frac{1}{q}=\frac{1}{p}+\frac{1}{2} .
$$

Theorem 5 of the paper gives the inverse estimate

$$
\begin{equation*}
\|r\|_{W_{q}^{1}(\mathbb{D})} \leqslant C_{p} n\|r\|_{L^{p}(\mathbb{D})} \tag{0.5}
\end{equation*}
$$

for any $p>2$ and any rational function $r$ of degree $n$ with poles outside the disc.

Of course, this estimate is a Bernstein-type inequality in the area norm. Therefore, one can obtain the corresponding inverse approximation
theorem from it. This inverse theorem is Theorem 6 of the paper. It asserts that any analytic function $f \in L^{p}(\mathbb{D})$ satisfying

$$
\sum_{n=1}^{\infty} n^{q(1 / 2-1 / p)} R_{n}(f)_{L^{p}(\mathbb{D})}^{q}<\infty
$$

belongs to the Besov class $B_{q}^{1 / q-2 / p}(\mathbb{T})$. Here $p>2, q$ is any positive number less than $p / 2$, and $R_{n}(f)_{L^{p}(\mathbb{D})}$ stands for the best approximation of $f$ in $L^{p}(\mathbb{D})$ by rational functions of degree $n$ with poles outside $\mathbb{D}$.

Section 1 is devoted to some necessary preliminary information.
In Section 2 the hyperbolic area estimate (0.1) is proved.
In Section 3 the pseudoanalytic extension construction is presented and the inequalities $(0.2)$ and ( 0.3 ) are proved. The proofs are quite short and use (0.1) essentially.

Section 4 is devoted to area norm estimates. We prove the main Theorem 4 (that is, (0.4)) and Theorem 5 (that is, (0.5)). In order to obtain the corresponding inverse rational approximation result (Theorem 6) we prove another version of the inverse embedding theorem,

$$
\|r\|_{B_{q}^{s}(\mathbb{T})} \leqslant C n^{1 / 2+1 / q-1 / p}\|r\|_{L^{p}(\mathbb{D})},
$$

where, as before, $p>2,0<q<p / 2$, and $s=1 / q-2 / p$.
Afterwards, Theorem 6 on the rational approximation follows immediately [3].

## 1. PRELIMINARIES

### 1.1. Notation

$z=x+i y$ and $\zeta=\xi+i \eta$ are complex variables.
$\mathbb{D}=\{z:|z|<1\}$ is the unit disc, $\mathbb{T}=\{z:|z|=1\}$ is the unit circle.

$$
\frac{\partial}{\partial \bar{z}}=\frac{1}{2}\left(\frac{\partial}{\partial x}+i \frac{\partial}{\partial y}\right) .
$$

$C$ and $c$ are constants, not necessarily the same throughout a formula.
The inner Luzin cone $\Gamma\left(e^{i \theta}\right)$ and the outer Luzin cone $\Gamma^{*}\left(e^{i \theta}\right)$ are defined for any point $e^{i \theta} \in \mathbb{T}$ as

$$
\Gamma\left(e^{i \theta}\right)=\left\{z \in \mathbb{D}:\left|z-e^{i \theta}\right|<2(1-|z|)\right\}
$$

and

$$
\Gamma^{*}\left(e^{i \theta}\right)=\left\{z: 1 / \bar{z} \in \Gamma\left(e^{i \theta}\right)\right\} .
$$

A Whitney disc is a disc of the form

$$
\Delta=\Delta(z)=\left\{\zeta:|\zeta-z|<\frac{1}{2} \rho(z, \mathbb{T})\right\},
$$

where $z \notin \mathbb{T}$ and

$$
\rho(z, \mathbb{T})=|1-|z||
$$

is the distance from $z$ to $\mathbb{T}$.
The cut-off function $\chi$ is a $C^{\infty}(\mathbb{R})$-function such that

$$
0 \leqslant \chi \leqslant 1, \quad \chi(t)=1, \quad t>1 / 2, \quad \chi(t)=0, \quad t<1 / 4 .
$$

### 1.2. BMO Space

$\mathrm{BMO}=\mathrm{BMO}(\mathbb{T})$ is the standard space of functions of bounded mean oscillation on the unit circle [7, Chap. 6] endowed with the norm

$$
\|f\|_{\mathrm{BMO}}=\|f\|_{L^{1}(\mathbb{T})}+\sup _{I} \frac{1}{|I|} \int_{I}\left|f-m_{I}(f)\right|,
$$

where sup is taken over all subarcs $I \subset \mathbb{T}$ and $m_{I}(f)$ stands for the mean value of $f$ on $I$.
$\operatorname{BMOA}(\mathbb{C} \backslash \mathbb{D})$ is the space of all analytic functions $g$ of the Hardy class $H^{1}(\mathbb{C} \backslash \mathbb{D})$ such that $\left.g\right|_{\mathbb{T}} \in \mathbb{B M O}(\mathbb{T})$.

The main result of the BMO space theory [7, Chap. 6, Corollary 4.5] asserts that for any function $f \in \mathrm{BMO}$ there exists a decomposition

$$
\begin{equation*}
f=v+\left.g\right|_{\mathbb{T}} \quad \text { almost everywhere on } \mathbb{\mathbb { }}, \tag{1.1}
\end{equation*}
$$

where $g \in \mathrm{BMOA}$ and $v$ is uniformly bounded and such that

$$
\|v\|_{L^{\infty}(\mathbb{T})} \leqslant C\|f\|_{\text {вмо }} .
$$

### 1.3. Besov Spaces

One can find the standard definition and discussion of the Besov spaces $B_{p}^{s}(\mathbb{T}), 0<p<\infty, s>0$, in [4, 5, 11]. In particular, in [5] the following description of $B_{p}^{s}$ in terms of so-called pseudoanalytic extension was obtained:

Let $r$ be a function, analytic in $\mathbb{D}$ and continuous (say) up to the circle $\mathbb{T}$. Let $\tilde{r}$ be a continuous extension of $r$ to the whole plane such that $\tilde{r} \in C^{\infty}(\mathbb{C} \backslash \mathbb{D})$. Then for any $p>0$ and $s>0$ such that $s>1 / p-1$

$$
\begin{equation*}
\|r\|_{B_{p}^{s}(\mathbb{T})} \leqslant C_{1} \max _{|z|=2}|\tilde{r}(z)|+C_{2}\left(\int_{1<|z|<2} \sigma(z)^{p} \frac{d x d y}{(|z|-1)^{p s+1}}\right)^{1 / p} \tag{1.2}
\end{equation*}
$$

where

$$
\begin{equation*}
\sigma(z)=\sup \left\{(|\zeta|-1)\left|\frac{\partial \tilde{r}}{\partial \bar{\zeta}}\right|:|\zeta-z|<1 / 2(|z|-1)\right\} . \tag{1.3}
\end{equation*}
$$

It is well-known (see, e.g., [5]) that $B_{p}^{1 / p}(\mathbb{T}) \subset \operatorname{BMO}(\mathbb{T})$, and so any function $f \in B_{p}^{1 / p}$ admits a decomposition (1.1). However, more was proved in this case in [10] (see also [1]):

For any $f \in B_{p}^{1 / p}$ there exists a decomposition (1.1) such that both $v$ and $g$ belong to $B_{p}^{1 / p}$, and

$$
\begin{equation*}
\|v\|_{B_{p}^{1 / p}(\mathbb{T})}+\|v\|_{L^{\infty}(\mathbb{T})}+\left\|\left.g\right|_{\mathbb{T}}\right\|_{B_{p}^{1 / p}(\mathbb{T})} \leqslant C\|f\|_{B_{p}^{1 / p}(\mathbb{T})} . \tag{1.4}
\end{equation*}
$$

## 2. FINITE BLASCHKE PRODUCTS AND THEIR LEVEL SETS

### 2.1. Definitions

Let

$$
B(z)=\prod_{k=1}^{n} \frac{z_{k}-z}{1-\bar{z}_{k} z}
$$

be a Blaschke product of degree $n$ with respect to the unit disc.
It has zeros $z_{k}$ inside $\mathbb{D}$ and poles $1 / \bar{z}_{k}$ outside $\mathbb{D}$. On $\mathbb{T}|B(z)|=1$.
Define the level set

$$
E=\left\{z \in \mathbb{D}: \frac{1}{4}<|B(z)|<\frac{1}{2}\right\}
$$

and its reflection with respect of $\mathbb{T}$

$$
E^{*}=\left\{z \in \mathbb{C} \backslash \mathbb{D}: \frac{1}{\bar{z}} \in E\right\}=\{z \in \mathbb{C} \backslash \mathbb{D}: 2<|B(z)|<4\} .
$$

If $B$ has a zero of order 2 or more at the origin, then the level set $E^{*}$ lies in the annulus $\{1<|z|<2\}$.

Let $z \in E .|B| \leqslant 1$ in $\mathbb{D}$, and so [7, Chap. 1, Sect. 1.1] $|B| \leqslant \frac{4}{5}$ on the whole Whitney disc $\Delta(z)$.

### 2.2. Estimate of Hyperbolic Area of Level Set

The following equality is well-known; we include its proof for the reader's sake.

Lemma.

$$
\int_{\mathbb{D}}\left|B^{\prime}(z)\right|^{2} d x d y=\pi n .
$$

Proof. By the Green formula

$$
\begin{aligned}
\int_{\mathbb{D}}\left|B^{\prime}(z)\right|^{2} d x d y & =\int_{\mathbb{D}} B^{\prime}(x) \overline{B^{\prime}(z)} d x d y=\frac{1}{2 i} \int_{\mathbb{T}} B^{\prime}(z) \overline{B(z)} d z \\
& =\frac{1}{2 i} \int_{\mathbb{T}} \frac{B^{\prime}(z)}{B(z)} d z=\pi n .
\end{aligned}
$$

We use this result in the proof of the following estimate.

Theorem 1.

$$
\int_{\mathbb{D}}\left(\frac{1-|B(z)|}{1-|z|}\right)^{2} d x d y \leqslant 8 \pi(n+1) .
$$

Proof. The contribution of the disc $\left\{|z|<\frac{1}{2}\right\}$ to the integral is obviously less than $\pi$. As for the annulus $\left\{\frac{1}{2}<|z|<1\right\}$, its contribution in polar coordinates is

$$
\begin{aligned}
& \int_{1 / 2}^{1} \frac{r}{(1-r)^{2}} d r \int_{0}^{2 \pi}\left(1-\left|B\left(r e^{i \theta}\right)\right|\right)^{2} d \theta \\
& \quad \leqslant \int_{1 / 2}^{1} \frac{r}{(1-r)^{2}} d r \int_{0}^{2 \pi}\left|B\left(e^{i \theta}\right)-B\left(r e^{i \theta}\right)\right|^{2} d \theta \\
& \quad \leqslant \int_{0}^{2 \pi} d \theta \int_{1 / 2}^{1} \frac{r}{(1-r)^{2}} d r\left(\int_{r}^{1}\left|B^{\prime}\left(s e^{i \theta}\right)\right| d s\right)^{2}
\end{aligned}
$$

By the well-known Hardy inequality [11, Appendix A.4] this is less than

$$
4 \int_{0}^{2 \pi} d \theta \int_{1 / 2}^{1}\left|B^{\prime}\left(s e^{i \theta}\right)\right|^{2} d s \leqslant 8 \int_{\mathbb{D}}\left|B^{\prime}(z)\right|^{2} d x d y=8 \pi n
$$

The last step follows from the Lemma.
The proven theorem leads us to some geometric properties of level sets of $B$.

Corollary 1.

$$
\begin{equation*}
\int_{E} \frac{d x d y}{(1-|z|)^{2}} \leqslant 32 \pi(n+1) \tag{2.1}
\end{equation*}
$$

The estimate (2.1) of the hyperbolic area of $E$ may be written in another form.

Corollary 2. The level set E may be covered by not more than Cn Whitney discs, with some absolute constant $C$.

Proof. By the well-known Whitney construction [11, Chap. 6, Sect. 1] one can cover the whole $\mathbb{D}$ by Whitney discs with bounded multiplicity of intersections. Each Whitney disc intersecting $E$ contributes a positive constant to the integral of Theorem 1 (see the last paragraph of Sect. 2.1).

Consider for any point $e^{i \theta} \in \mathbb{T}$ the Luzin cone $\Gamma\left(e^{i \theta}\right)$ and the maximal function for $E$

$$
\begin{equation*}
u\left(e^{i \theta}\right)=\max \left\{\frac{1}{1-|z|}: z \in E \cap \Gamma\left(e^{i \theta}\right)\right\} . \tag{2.2}
\end{equation*}
$$

Corollary 3.

$$
\int_{0}^{2 \pi} u\left(e^{i \theta}\right) d \theta \leqslant C n
$$

with some absolute constant $C$.
Proof. Consider the covering of $E$ by Whitney discs from Corollary 2. Fix a disc $\Delta$ and denote by $I(\Delta)$ the set of $\theta$ such that

$$
\max \left\{\frac{1}{1-|z|}: z \in E \cap \Gamma\left(e^{i \theta}\right)\right\}
$$

is attained at some point $z \in \Delta$.
Then $E \cap \Gamma\left(e^{i \theta}\right)$ is non-empty, and so $I(\Delta)$ is contained in an arc of length $C \operatorname{diam}(\Delta)$. Thus, the contribution of $I(\Delta)$ to $\int u d \theta$ is bounded by an absolute constant.

### 2.3. Pseudoanalytic Extension

The Blaschke product $B$ in $\mathbb{D}$ has an analytic extension $1 / \overline{B(1 / \bar{z})}$ outside $\mathbb{D}$. However, this extension has poles. Here we construct another extension,
which is not analytic anymore, but has no singularity in the whole plane. The new extension is given by the formula

$$
\begin{equation*}
\widetilde{B}(z)=\frac{1}{\overline{B(1 / \bar{z})}} \chi\{|B(1 / \bar{z})|\}, \quad|z|>1 . \tag{2.3}
\end{equation*}
$$

Here $\chi$ is the cut-off function defined in Section 1.1.
The function $\widetilde{B}$ is not analytic, but it is $C^{\infty}$ in the whole plane and $|\widetilde{B}| \leqslant 4$ everywhere. The Cauchy-Riemann derivative $\partial \widetilde{B} / \partial \bar{z}$ is supported on the set $E^{*}$ and satisfies the estimate

$$
\begin{equation*}
\left|\frac{\partial \widetilde{B}}{\partial \bar{z}}\right| \leqslant C \frac{1}{|z|-1}, \quad z \in E^{*} \tag{2.4}
\end{equation*}
$$

Indeed, due to the analyticity of the first factor in (2.3),

$$
\begin{aligned}
\left|\frac{\partial \widetilde{B}}{\partial \bar{z}}\right| & =\left|\frac{1}{\overline{B(1 / \bar{z})}} \frac{\partial}{\partial \bar{z}}[\chi\{|B(1 / \bar{z})|\}]\right| \\
& \leqslant 4 \cdot \max \left|\chi^{\prime}\right| \cdot\left|B^{\prime}(1 / \bar{z})\right| \cdot \frac{1}{|z|^{2}} \\
& \leqslant C \cdot \frac{1}{1-|1 / \bar{z}|} \cdot \frac{1}{|z|^{2}} \leqslant C \frac{1}{|z|-1}
\end{aligned}
$$

on $E^{*}$.

## 3. EXTENSION OF RATIONAL FUNCTIONS

### 3.1. Construction

Let $r$ be a rational function of degree $n$ with poles outside $\mathbb{D}$. We construct a pseudoanalytic extension of $r$ to $\mathbb{C} \backslash \mathbb{D}$.

Let $B$ be a Blaschke product of degree $n+2$ with the same poles as $r$ and two additional poles at infinity. The ratio $r / B$ is analytic in $\mathbb{C} \backslash \mathbb{D}$ and vanishes at infinity.

Fix any $p, 1 \leqslant p \leqslant \infty$.
Let $g$ be any function of the Hardy class $H^{p}(\mathbb{C} \backslash \mathbb{D})$. Put $f=r-g$. Then the function

$$
h=\frac{f}{B}=\frac{r}{B}-\frac{g}{B}
$$

is analytic in $\mathbb{C} \backslash \mathbb{D}$ and belongs to $H^{p}$.

On $\mathbb{T}$

$$
|h|=|f| .
$$

Define now an extension of $r$ to $\mathbb{C} \backslash \mathbb{D}$ by the formula

$$
\begin{equation*}
\tilde{r}=h \widetilde{B}+g . \tag{3.1}
\end{equation*}
$$

Evidently, $\tilde{r}$ is analytic outside the level set $E^{*}$. The latter lies in the annulus $\{1<|z|<2\}$ in our case.

On the set

$$
\begin{equation*}
U=\{z:|B(z)|<2\}, \tag{3.2}
\end{equation*}
$$

and so in some neighborhood of $\overline{\mathbb{D}}, \tilde{r}$ coincides with $r$.
On $E^{*}$, according to (2.4),

$$
\begin{equation*}
\left|\frac{\partial \tilde{r}}{\partial \bar{z}}\right|=\left|h(z) \frac{\partial \widetilde{B}}{\partial \bar{z}}\right| \leqslant C|h(z)| \frac{1}{|z|-1} . \tag{3.3}
\end{equation*}
$$

In particular, if $z$ belongs to an outer Luzin cone $\Gamma^{*}\left(e^{i \theta}\right)$, then

$$
\begin{equation*}
\left|\frac{\partial \tilde{r}}{\partial \bar{z}}\right| \leqslant C h^{*}\left(e^{i \theta}\right) u\left(e^{i \theta}\right), \tag{3.4}
\end{equation*}
$$

where

$$
h^{*}\left(e^{i \theta}\right)=\sup \left\{|h(z)|,: z \in \Gamma^{*}\left(e^{i \theta}\right)\right\}
$$

is the non-tangential maximal function for $h$, and $u$ is defined by (2.2).
On the circle $\{z:|z|=2\}$

$$
|\tilde{r}| \leqslant C\left(\|r\|_{L^{1}(\mathbb{T})}+\|g\|_{L^{1}(\mathbb{T})}\right)
$$

where $C$ is an absolute constant.

### 3.2. Application: Bernstein Type Inequalities

The construction of Section 3.1 allows us to give a new proof of the wellknown Bernstein type inequalities for rational functions. These inequalities were proved first by V. V. Peller [9] in the BMO case and by A. A. Pekarskii [8] in the $L^{q}$ case.

Let $q \geqslant 1, p>0$, and

$$
s=\frac{1}{p}-\frac{1}{q}>0 .
$$

Consider the Besov class $B_{p}^{s}(\mathbb{T})$ (see Sect. 1.3).

Theorem 2. For any rational function $r$ of degree $n$ with poles outside $\mathbb{D}$

$$
\|r\|_{B_{p}^{s}(\mathbb{T})} \leqslant C n^{s}\|r\|_{L^{q}(\mathbb{T})} .
$$

Here $C$ is a constant not depending on $n$.
Proof. Use the extension (3.1) with $g=0$. This means that $|h|=|r|$ on $\mathbb{T}$. According to (1.2), it suffices to check that

$$
\begin{equation*}
\int_{1<|z|<2} \sigma(z)^{p} \frac{d x d y}{(|z|-1)^{p s+1}} \leqslant C n^{p s}\|r\|_{L^{q(\mathbb{T})}}^{p}, \tag{3.5}
\end{equation*}
$$

where $\sigma(z)$ is defined by (1.3).
Set $z=(1+t) e^{i \theta}, t>0$. In our case, due to (3.4), $\sigma(z) \leqslant C h^{*}\left(e^{i \theta}\right)$. In the domain of integration $t>1 / u\left(e^{i \theta}\right)$ by definition (2.2) of $u$. Hence the above integral does not exceed

$$
C \cdot \int_{0}^{2 \pi} h^{*}\left(e^{i \theta}\right)^{p} d \theta \int_{1 / u\left(e^{i \theta}\right)}^{\infty} \frac{d t}{t^{p s+1}} \leqslant C \cdot \int_{\mathbb{T}} h^{* p} u^{p s} .
$$

By the Hölder inequality, the maximal theorem, and Corollary 3, the last integral is less than

$$
\left(\int h^{* q}\right)^{p / q}\left(\int u\right)^{p s} \leqslant C n^{p s}\|h\|_{H^{q}(\mathbb{C} \backslash \mathbb{D})}^{p}=C n^{p s}\|r\|_{L^{q}(\mathbb{T})}^{p}
$$

Only finite $q$ occurs in Theorem 2. The following result is its counterpart for $q=\infty$.

Theorem 3. For any rational function $r$ of degree $n$ with poles outside $\mathbb{D}$ and any $p>0$

$$
\|r\|_{B_{p}^{1 / p}(\mathbb{T})} \leqslant C n^{1 / p}\|r\|_{\text {BMO( } \mathbb{T})} .
$$

Proof. Apply the decomposition (1.1) to $r$ and consider the extension (3.1) of $r$ with this very $g$. One obtains, as above,

$$
\sigma(z) \leqslant C\|h\|_{H^{\infty}}=C\|f\|_{L^{\infty}} \leqslant C\|r\|_{\text {вмо }} .
$$

Therefore, the integral (3.5) (where $s=1 / p$ now) does not exceed

$$
C\|r\|_{\mathrm{BMO}}^{p} \int_{0}^{2 \pi} d \theta \int_{1 / u\left(e^{i \theta}\right)}^{\infty} \frac{d t}{t^{2}} \leqslant C n\|r\|_{\mathrm{BMO}(\mathbb{T})}^{p} .
$$

Remark. It is well-known (see [3] for example) that the inverse theorems of the rational approximation theory follow from the Bernsteintype inequalities and some standard techniques of the interpolation space theory.

In particular, the inverse parts of Peller's and Pekarskii's approximation theorems [8, 9] are immediate corollaries of Theorems 2 and 3.

### 3.3. Transfer to the Segment

One can transfer the results of Section 3.2 from the disc $\mathbb{D}$ to the segment $I=[-1,1]$ of he real line using the Faber operator techniques $[4,5]$.

Theorem 2'. For any rational function $r$ of degree $n$ with poles outside I

$$
\|r\|_{B_{p}^{s}(I)} \leqslant C n^{s}\|r\|_{L^{q}(I)} .
$$

Here, as before, $p>0, q \geqslant 1$,

$$
s=\frac{1}{q}-\frac{1}{p}>0,
$$

and $C$ is a constant not depending on $n$.
Theorem 3'. For any rational function $r$ of degree $n$ with poles outside $I$ and any $p>0$

$$
\|r\|_{B_{p}^{1 / p}(I)} \leqslant C n^{1 / p}\|r\|_{\text {BMO }(I)} .
$$

For the sake of simplicity we expose here only the proof of Theorem $3^{\prime}$.
Proof. Use the Faber operators constructed in [4, 5].
Let $f \in \operatorname{BMO}(\mathrm{I})$. Define the Faber transform Tf of $f$ as

$$
T f(z)=\frac{1}{2 \pi} \int_{0}^{2 \pi} f(\cos t) \frac{e^{i t} d t}{e^{i t}-z}, \quad z \in \mathbb{D} .
$$

This is an analytic function in the unit disc. Since the change of variable $t \rightarrow \cos t$ preserves BMO space [7, Chap. 6, Corollary 1.3], we have

$$
\|T f\|_{\mathrm{BMOA}} \leqslant C\|f\|_{\mathrm{BMO}(\mathrm{I})} .
$$

The operator $T$ is one-to-one correspondence between $\mathrm{BMO}(\mathrm{I})$ and BMOA. For any rational function $r$ with poles outside $I$ its transform $T r$ is a rational function of the same degree with poles outside $\mathbb{D}$.

It is proved in $[4,5]$ that $f \in B_{p}^{1 / p}(I)$ if and only if $T f \in B_{p}^{1 / p}(\mathbb{T})$ and

$$
\|T F\|_{B_{p}^{1 / p}(\mathbb{T})} \asymp\|f\|_{B_{p}^{1 / p}(I)} .
$$

Thus, the operator $T$ is an isomorphism in the whole scale $B_{p}^{1 / p}$.
Now for a rational $r$ Theorem 3 asserts that

$$
\|T r\|_{B_{p}^{1 / p}(\mathbb{T})} \leqslant C n^{1 / p}\|T r\|_{\text {вмоА }} .
$$

The last estimate proves the theorem.
Remark. Another Faber operator, constructed in [4, 5] as well, provides an isomorphism between $B_{p}^{s}(I)$ and the subspace of analytic functions in $B_{p}^{s}(\mathbb{T})$. For $q$ fixed and

$$
\frac{1}{q}=s+\frac{1}{p},
$$

this isomorphism does not depend on $p$ and is an isomorphism between $L^{q}(I)$ and the Hardy space $H^{q}(\mathbb{D})$. Therefore, one can repeat the proof above to prove Theorem 2' too.

## 4. ESTIMATES IN AREA NORM

### 4.1. An Estimate Outside the Disc

Let $r$ be a rational function of degree $n$ with poles outside $\mathbb{D}$.
Let $B$ be a Blaschke product of degree $n+2$ with the same poles as $r$ and two additional poles at infinity. Consider the function

$$
\begin{equation*}
f(z)=\frac{r(z)}{B(z)} \tag{4.1}
\end{equation*}
$$

This is a new rational function, analytic in $\mathbb{C} \backslash \mathbb{D} ; f(\infty)=0$.
On the unit circle $|f|$ coincides with $|r|$. So, for example, all $H^{p}$ norms of $f$ and $r$ (in $\mathbb{D}$ and $\mathbb{C} \backslash \mathbb{D}$, respectively) are the same. We intend to obtain a result of this kind for area $L^{p}$ norms, when one cannot use boundary values.

Theorem 4. For any $p \geqslant 2$

$$
\begin{equation*}
\left(\int_{\mathbb{C} \backslash \mathbb{D}}|f(z)|^{p} d x d y\right)^{1 / p} \leqslant C_{p} n^{1 / 2}\left(\int_{\mathbb{D}}|r(z)|^{p} d x d y\right)^{1 / p} \tag{4.2}
\end{equation*}
$$

where the constant $C_{p}$ depends on $p$ only.

Remark. The factor $n^{1 / 2}$ is sharp for $p=2$. One can check this on polynomials $r(z)=z^{n}$. The sharp exponent for $p>2$ is unknown.

Proof. It suffices to prove that for any continuous function $\varphi$ of compact support in $\mathbb{C} \backslash \mathbb{D}$

$$
\begin{equation*}
\left|\int_{\mathbb{C} \backslash \mathbb{D}} f(\zeta) \varphi(\zeta) d \xi d \eta\right| \leqslant C_{p} n^{1 / 2}\|r\|_{L^{p}(\mathbb{D})}\|\varphi\|_{L^{p^{\prime}(\mathbb{C} \backslash \mathbb{D})}} \tag{4.3}
\end{equation*}
$$

where $p^{\prime}=p /(p-1)$ is the dual exponent.
Consider the function

$$
g(z)=-\frac{1}{2 \pi i} \int_{\mathbb{C} \backslash \mathbb{D}} \frac{\varphi(\zeta)}{\zeta-z} d \xi d \eta
$$

This function is analytic in $\overline{\mathbb{D}}$, and by the Green formula,

$$
\begin{aligned}
\int_{\mathbb{C} \backslash \mathbb{D}} f(\zeta) \varphi(\zeta) d \xi d \eta & =\int_{\mathbb{T}} f(z) g(z) d z \\
& =\int_{\mathbb{T}} r(z) g(z) \overline{B(z)} d z=2 i \int_{\mathbb{D}} r g \frac{\partial \bar{B}}{\partial \bar{z}} d x d y .
\end{aligned}
$$

In the case $p>2$ the Hardy-Littlewood-Sobolev fractional integration theorem [11, Chap. 5, Theorem 1 of Sect. 1] gives

$$
\begin{equation*}
\|g\|_{L^{q}\left(\mathbb{R}^{2}\right)} \leqslant C_{p}\|\varphi\|_{L^{p^{\prime}}}, \tag{4.4}
\end{equation*}
$$

where

$$
\frac{1}{q}=\frac{1}{p^{\prime}}-\frac{1}{2}=\frac{1}{2}-\frac{1}{p} .
$$

Therefore, due to the Hölder inequality,

$$
\begin{aligned}
\left|\int_{\mathbb{C} \backslash \mathbb{D}} f(\zeta) \varphi(\zeta) d \xi d \eta\right| & \leqslant C_{p} \int_{\mathbb{D}}|r||g|\left|B^{\prime}\right| d x d y \\
& \leqslant C_{p}\left(\int_{\mathbb{D}}|r|^{p}\right)^{1 / p}\left(\int_{\mathbb{D}}|g|^{q}\right)^{1 / q}\left(\int_{\mathbb{D}}\left|B^{\prime}\right|^{2}\right)^{1 / 2} \\
& \leqslant C_{p} n^{1 / 2}\|r\|_{L^{p}(\mathbb{D})}\|\varphi\|_{L^{p^{\prime}(\mathbb{C} \backslash \mathbb{D})}} .
\end{aligned}
$$

The last inequality follows from (4.4) and the Lemma of Section 2.1.
Thus, the estimate (4.3) for the case $p>2$ is proved.

The Hardy-Littlewood-Sobolev theorem fails for $q=\infty$ [11, Chap. 5, Sect. 1.2]. The constant $C_{p}$ in (4.4), and so in (4.2), tends to infinity as $p \rightarrow 2$. Nevertheless, there is another way to prove the theorem for $p=2$.

By a well-known result [11, Chap. 2, Theorem 3 of Sect. 4.2]

$$
\|\nabla g\|_{L^{2}\left(\mathbb{R}^{2}\right)} \leqslant C\|\varphi\|_{L^{2}\left(\mathbb{R}^{2}\right)},
$$

and, therefore [11, Chap. 6, Sect. 4.3], the following estimate holds:

$$
\left\|\left.g\right|_{\mathbb{T}}\right\|_{B_{2}^{1 / 2}(\mathbb{T})} \leqslant C\|\varphi\|_{L^{2}\left(\mathbb{R}^{2}\right)} .
$$

According to Section 1.3, there exists a special decomposition (1.1) for $g$;

$$
\left.g\right|_{\mathbb{T}}=v+\left.h\right|_{\mathbb{T}}, \quad v \in L^{\infty}(\mathbb{T}), \quad h \in \mathrm{BMOA},
$$

satisfying the estimate

$$
\|v\|_{B_{2}^{1 / 2}(\mathbb{T})}+\|v\|_{L^{\infty}(\mathbb{T})}+\left\|\left.h\right|_{\mathbb{T}}\right\|_{B_{2}^{12}(\mathbb{T})} \leqslant C\left\|\left.g\right|_{\mathbb{T}}\right\|_{B_{2}^{1 / 2}(\mathbb{T})} .
$$

Proving the key estimate (4.3) as before one obtains

$$
\begin{aligned}
\int_{\mathbb{C} \backslash \mathbb{D}} f(\zeta) \varphi(\zeta) d \xi d \eta & =\int_{\mathbb{T}} f(z) g(z) d z \\
& =\int_{\mathbb{T}} f(z) v(z) d z=\int_{\mathbb{T}} r(z) v(z) \overline{B(z)} d z
\end{aligned}
$$

(the contribution of $h$ vanishes by analyticity).
Define the function $V$ as the Poisson integral of $v$ with respect to $\mathbb{D}$. This is a harmonic function in $\mathbb{D}$, bounded by the same constant as $v$, and [11, Chap. 5, Prop. 7' and Sect. 5.1]

$$
\|\nabla V\|_{L^{2}(\mathbb{D})} \leqslant C\|v\|_{B_{2}^{1 / 2}} \leqslant C\|\varphi\|_{L^{2}\left(\mathbb{R}^{2}\right)}
$$

Now we can finish the estimate as

$$
\begin{align*}
& \int_{\mathbb{T}} r(z) v(z) \overline{B(z)} d z \\
& \quad=2 i \int_{\mathbb{D}} r(z) \overline{B(z)} \frac{\partial V}{\partial \bar{z}} d x d y+2 i \int_{\mathbb{D}} r(z) V(z) \overline{B^{\prime}(z)} d x d x . \tag{3.5}
\end{align*}
$$

However,

$$
\left|\int_{\mathbb{D}} r \bar{B} \frac{\partial V}{\partial \bar{z}}\right| \leqslant\left(\int|r|^{2}\right)^{1 / 2}\left(\int|\nabla V|^{2}\right)^{1 / 2} \leqslant C\|r\|_{L^{2}(\mathbb{D})}\|\varphi\|_{L^{2}\left(\mathbb{R}^{2}\right)},
$$

and

$$
\left|\int_{\mathbb{D}} r V \overline{B^{\prime}}\right| \leqslant\left(\int|r|^{2}\right)^{1 / 2}\|v\|_{\infty}\left(\int_{\mathbb{D}}\left|B^{\prime}\right|^{2}\right)^{1 / 2} \leqslant C n^{1 / 2}\|r\|_{L^{2}(\mathbb{D})}\|\varphi\|_{L^{2}\left(\mathbb{R}^{2}\right)}
$$

The set $\mathbb{C} \backslash U$ (see (3.2)) is a "hyperbolic neighborhood" of the pole set of $r$.

Corollary 4. For any $p \geqslant 2$

$$
\int_{U}|r|^{p} \leqslant C_{p} n^{p / 2} \int_{\mathbb{D}}|r|^{p} .
$$

### 4.2. Application: An Inversion of the Sobolev Embedding Theorem

The following embedding theorem for Sobolev classes is well-known [11, Chap. 5, Theorem 2 of Sect. 2.2]:

$$
W_{q}^{1}(\mathbb{D}) \subset L^{p}(\mathbb{D}), \quad 2 \leqslant p<\infty, \quad \frac{1}{q}=\frac{1}{p}+\frac{1}{2} .
$$

It turns out that this embedding admits a complete inversion for rational functions of a given degree.

Theorem 5. Let $r$ be a rational function of degree $n$ with poles outside D. For any $p, 2<p<\infty$,

$$
\|r\|_{W_{q}^{1}(\mathbb{D})} \leqslant C_{p} n\|r\|_{L^{p}(\mathbb{D})} .
$$

Remarks. (i) The estimate $\|r\|_{W_{1}^{1}} \leqslant C(n)\|r\|_{L^{2}}$ fails. A true analogue of the theorem in $L^{2}$ is not known yet.
(ii) Probably, the multiplier $n$ is not sharp. We conjecture that the sharp exponent is $1 / 2$, and the estimate must be true with the multiplier $n^{1 / 2}$.

Proof. Consider the extension $\widetilde{B}$ of the Blaschke product $B$ from Section 2.3 and define an extension of the function $r$ by the formula

$$
\tilde{r}(z)=f(z) \tilde{B}(z), \quad z \in \mathbb{C} \backslash \mathbb{D} .
$$

Here the function $f$ is defined in (4.1).
The function $\tilde{r}$ is compactly supported and analytic outside the level set $E^{*}$. On $E^{*}$, due to (2.4),

$$
\left|\frac{\partial \tilde{r}}{\partial \bar{z}}\right|=|f(z)|\left|\frac{\partial \widetilde{B}}{\partial \bar{z}}\right| \leqslant C \frac{|f(z)|}{|z|-1} .
$$

By the Cauchy-Green formula

$$
r^{\prime}(z)=-\frac{1}{\pi} \int_{E^{*}} \frac{\partial \tilde{r}}{\partial \bar{\zeta}} \frac{d \xi d \eta}{(\zeta-z)^{2}}, \quad z \in \mathbb{D} .
$$

According to Calderon-Zygmund estimate in the plane [11, Chap. 2, Theorem 3 of Sect. 4.2]

$$
\left\|r^{\prime}\right\|_{L^{q}(\mathbb{D})} \leqslant C_{q}\left\|\frac{\partial \tilde{r}}{\partial \bar{\zeta}}\right\|_{L^{q}\left(E^{*}\right)}
$$

Corollary 2 asserts that

$$
E^{*} \subset \bigcup_{k=1}^{N} \Delta_{k},
$$

where $\Delta_{k}$ are Whitney discs and $N \leqslant C n$. Therefore,

$$
\begin{aligned}
\int_{E^{*}}\left|\frac{\partial \tilde{r}}{\partial \tilde{\zeta}}\right|^{q} & \leqslant C \int_{\cup A_{k}}|f|^{q} \frac{1}{(|\zeta|-1)^{q}} \\
& \leqslant C\left(\int_{\cup A_{k}}|f|^{p}\right)^{q / p}\left(\int_{\cup \Delta_{k}} \frac{1}{(|\zeta|-1)^{p q /(p-q)}}\right)^{1-q / p}
\end{aligned}
$$

Theorem 4 gives an estimate for the first factor. It does not exceed $C n^{q / 2}\|r\|_{L^{p}(\mathbb{D})}^{q}$.

In the second factor the exponent $p q /(p-q)$ equals 2 , and the contribution of each $\Delta_{k}$ to the integral does not exceed an absolute constant. So the whole integral is less than $C N$, and we obtain the inequality

$$
\left\|\frac{\partial \tilde{r}}{\partial \bar{\zeta}}\right\|_{L^{q}\left(E^{*}\right)} \leqslant C_{p} n\|r\|_{L^{p}(\mathbb{D})}
$$

### 4.3. A New Inverse Theorem of the Rational Approximation Theory

Theorem 5 is an inequality of the Bernstein type for rational functions. As usual [3] it leads to the corresponding inverse theorem of the approximation theory.

In order to obtain such a result we need a slightly different version of the Bernstein inequality.

Theorem 5'. Let $r$ be a rational function of degree $n$ with poles outside D. Let $2<p<\infty$ and $0<q<p / 2$. Then

$$
\|r\|_{B_{q}^{s}(\mathbb{T})} \leqslant C n^{1 / 2+1 / q-1 / p}\|r\|_{L^{p}(\mathbb{\mathbb { D }})},
$$

where

$$
s=\frac{1}{q}-\frac{2}{p} .
$$

Proof. Consider the same extension $\tilde{r}$ of $r$ as in the proof of Theorem 5 and apply the estimate (1.2). In this case the function $\sigma$ of (1.3) is supported on the level set $\{z:|B(z)| \geqslant 5 / 4\}$ due to the remark at the end of Section 2.1. So the domain of integration in (1.2) is contained in a union of not more than $C n$ Whitney's discs $\Delta_{k}$. Now by the Hölder inequality

$$
\begin{aligned}
& \int_{1<|z|<2} \sigma(z)^{q} \frac{d x d y}{(|z|-1)^{q s+1}} \\
& \leqslant\left(\int \sigma(z)^{p} d x d y\right)^{q / p}\left(\int_{\cup \Delta_{k}} \frac{d x d y}{\left.(|z|-1)^{(q s+1)^{p / p-q)}}\right)^{1-q / p}}\right. \\
& \quad \leqslant C n^{1-q / p}\left(\int \sigma^{p}\right)^{q / p}
\end{aligned}
$$

because

$$
(q s+1) \frac{p}{p-q}=2
$$

However, due to the mean value theorem and to (4.2),

$$
\|\sigma\|_{L^{p}(\mathbb{C} \backslash \mathbb{D})} \leqslant C\|f\|_{L^{p}(\mathbb{C} \backslash \mathbb{D})} \leqslant C n^{1 / 2}\|r\|_{L^{p}(\mathbb{D})} .
$$

Thus,

$$
\|r\|_{B_{q}^{s}(\mathbb{T})} \leqslant C n^{1 / 2+1 / q-1 / p}\|r\|_{L^{p}(\mathbb{D})} .
$$

According to the general theory of approximation space [3, Corollary 1 on p. 129] Theorem $5^{\prime}$ implies the following inverse theorem of the rational approximation theory.

Let $2<p<\infty$. For any function $f$, analytic in $\mathbb{D}$, such that $f \in L^{p}(\mathbb{D})$, define its best rational approximation in the $L^{p}$ norm,

$$
R_{n}(f)_{p}=\inf \|f-r\|_{L^{p}(\mathbb{D})}, \quad n=1,2, \ldots
$$

where inf is taken over all rational functions $r$ of degree $n$ with poles outside $\mathbb{D}$.

Theorem 6. For any $q, 0<q<p / 2$, if $f \in L^{p}(\mathbb{D})$ is analytic and

$$
\sum n^{q(1 / 2-1 / p)} R_{n}(f)_{p}^{q}<\infty
$$

then

$$
f \in B_{q}^{1 / q-2 / p}(\mathbb{T}) .
$$

Proof. Choose two different exponents $q_{1}$ and $q_{2}, 0<q_{1}<q<q_{2}<p / 2$. Then by Theorem 5'

$$
\|r\|_{B_{q_{i}}^{s_{i}}}^{s} C_{i} n^{\alpha_{i}}\|r\|_{L^{p}(\mathbb{D})}, \quad i=1,2 .
$$

Here

$$
s_{i}=\frac{1}{q_{i}}-\frac{2}{p}, \quad \alpha_{i}=\frac{1}{2}+\frac{1}{q_{i}}-\frac{1}{p},
$$

and $r$ is an arbitrary rational function of degree $n$ with poles outside $\mathbb{D}$.
Therefore Corollary 1 on page 129 in [3] asserts that for any $t, 0<t<1$, if

$$
\sum_{n=1}^{\infty} \frac{1}{n}\left[n^{\alpha_{l}} R_{n}(f)\right]^{q}<\infty,
$$

then

$$
f \in\left[B_{q_{1}}^{s_{1}}, B_{q_{2}}^{s_{2}}\right]_{t q},
$$

where

$$
\alpha_{t}=(1-t) \alpha_{1}+t \alpha_{2}
$$

and $\left[X_{1}, X_{2}\right]_{t q}$ denotes the corresponding real interpolation space between (quasi)-Banach spaces $X_{1}$ and $X_{2}$.

Choosing $t$ so that

$$
\frac{1}{q}=\frac{1-t}{q_{1}}+\frac{t}{q_{2}}
$$

and taking into account that [3]

$$
\left[B_{q_{1}}^{s_{1}}, B_{q_{2}}^{s_{2}}\right]_{t q}=B_{q}^{s},
$$

where

$$
s=(1-t) s_{1}+t s_{2}=\frac{1}{q}-\frac{2}{p}
$$

one obtains the desired result.

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